



Exclusive Wellness Experiences

Where time slows down and care becomes meaningful.

Signature Experiences

ABOUT US

SPA do Bosque was envisioned as a sanctuary, a place where time slows, the senses awaken, and the body reconnects with its natural balance.

Every detail is intentional.

Every gesture is mindful.

Every experience is designed with deep respect for individuality.

For us, caring is more than what we do, it is a conscious choice we make every day.

More than moments of relaxation, we create experiences that restore body, mind, and energy.

WHAT TO EXPECT FROM YOUR EXPERIENCE

Every detail is designed so you can simply unwind and be present.

Your journey begins with a welcoming ritual: an aromatic foot ritual and our signature herbal infusion.

During your journey, you will enjoy:

- Climate-controlled treatment rooms
- Heated massage tables
- Attentive, personalized care

To ensure tranquility and exclusivity, all experiences are available by appointment only.

Available for individuals, couples, or small groups, always with the same level of attention and serenity.

GUEST EXPERIENCES

Over 800 five-star reviews on Google. ★★★★★

Ranked as the #1 Wellness & Spa destination in Guarulhos on TripAdvisor.



Signature Experiences

Rituals designed for profound relaxation and inner balance.

The Bosque Signature Experience

Our signature experience. A perfect balance between deep relaxation and complete care.

Duration: 3 h 30 min of treatments + up to 1 h of leisure time for meals.

Includes:

- An aromatic foot ritual and our signature herbal infusion
- Full body exfoliation followed by a warm shower
- Chromotherapy hydrotherapy bath
- 80 min relaxation massage with nourishing body hydration
- Facial treatment (cleanse, exfoliation & mask)
- Gourmet moment with a curated meal, accompanied by sparkling wine or juice

★ **Our most sought-after experience.**

R\$ 990
per guest



Renewal SPA Experience

A perfect combination of aesthetic care and deep relaxation.

Duration: 3 h of treatments + up to 1 h of leisure time for breakfast or afternoon tea experience.

Includes:

- An aromatic foot ritual and our signature herbal infusion
- Deep cleansing facial with gentle extraction
- Full body exfoliation followed by a warm shower
- Relaxation massage with nourishing body hydration
- Breakfast or afternoon tea experience

R\$ 730
per guest

Relaxation SPA Experience

Ideal for relieving tension and restoring lightness.

Duration: 2 h of treatments + up to 30 min of leisure time for your tasting experience.

Includes:

- An aromatic foot ritual and our signature herbal infusion
- Chromotherapy hydrotherapy bath
- Relaxation massage
- Fresh fruit tasting, accompanied by sparkling wine or juice

R\$ 570
per guest



My Moment

FULL IMMERSION EXPERIENCE

A full day dedicated to restoring body, mind, and energy.

A transformative pause from the ordinary.

Includes:

Breakfast experience

An aromatic foot ritual and our signature herbal infusion

Deep cleansing facial with gentle extraction

Full body exfoliation followed by a warm shower

Chromotherapy hydrotherapy bath

Relaxation massage with nourishing body hydration

Gourmet dining experience with a curated meal

Lymphatic drainage

Foot reflexology to restore energetic balance

A sweet closing ritual with brownie and ice cream

A glass of sparkling wine to celebrate this moment

Duration: Up to 7 hours

R\$ 1,620 per guest

An exclusive and personalized experience.



Couples Experiences

Moments designed to celebrate love with intimacy, connection, and exclusivity.

Romantic SPA Experience by Vicino

A sophisticated journey designed for connection and shared well-being.

Duration: 2 h of treatments + up to 1 h of leisure time for meals.

Includes:

- An aromatic foot ritual and our signature herbal infusion
- Hydrotherapy bath
- Hot stone massage
- Gourmet dining experience
- Bottle of wine or sparkling wine

R\$ 1,490
per couple



Classic Romantic Experience

A light and intimate experience to celebrate love.

Duration: 2 h of treatments + up to 30 min of leisure time for your sweet moment.

Includes:

- An aromatic foot ritual and our signature herbal infusion
- Hydrotherapy bath
- Relaxation massage
- A sweet closing ritual with brownie and ice cream

R\$ 1,050
per couple

Therapeutic Experiences

Rituals designed to relieve tension, restore energetic balance, and support the body's recovery.

Oriental SPA Journey

Inspired by traditional Eastern techniques, with deep and firm pressure.

Duration: 2 h 30 min of treatments + up to 1 h of leisure time for meals.

Includes:

- An aromatic foot ritual and our signature herbal infusion
- Shiatsu
- Foot reflexology
- Scalp, face & neck massage
- Japanese culinary experience

R\$ 760
per guest



Therapeutic SPA Experience

Focused on relieving pain, tension, and muscular overload.

Duration: 2 h of treatments + up to 30 min of leisure time for your tasting experience.

Includes:

- An aromatic foot ritual and our signature herbal infusion
- Therapeutic massage
- Reflexology
- Fresh fruit tasting, accompanied by sparkling wine or juice

R\$ 530
per guest

Celebration Experiences

Perfect for gifting or sharing meaningful moments of well-being with those who have always been by your side.

Friends SPA Experience

(minimum of 2 guests)

Light, joyful moments of connection and shared well-being.

Duration: 2 h of treatments + up to 30 min of leisure time for your tasting experience.

Includes:

- An aromatic foot ritual and our signature herbal infusion
- Chromotherapy hydrotherapy bath
- Relaxation massage
- Fresh fruit tasting, accompanied by sparkling wine or juice

R\$ 510
per guest



Celebration SPA Experience

Perfect for birthdays and intimate celebrations.

Duration: 2 h of treatments + up to 30 min of leisure time for your sweet moment.

Includes:

- An aromatic foot ritual and our signature herbal infusion
- Relaxation massage
- Facial treatment (cleanse, exfoliation & mask)
- Sweet moment, accompanied by sparkling wine or juice

R\$ 490
per guest

SPA Party Experience

Designed for special occasions and meaningful celebrations.

Duration: 1 h of treatments + up to 30 min of leisure time for your breakfast or afternoon tea experience..

Includes:

- An aromatic foot ritual and our signature herbal infusion
- Relaxation massage
- Breakfast or afternoon tea experience

R\$ 350
per guest



Massage Therapies

Rituals designed to restore balance to body and mind.

Body Exfoliation with Relaxing Massage

A renewing ritual for the skin and the senses. A full body exfoliation followed by a warm shower and a relaxing, hydrating massage. Gently removes dead skin cells, restoring softness, lightness, and a natural glow.

R\$ 328
80 min (*)

Bosque Signature Massage

Our exclusive signature ritual. Moderate pressure and flowing movements combined with a refreshing blend of oils that invite deep physical relaxation and mental clarity.

R\$ 318
80 min (*)

Relaxation Massage

Gentle, flowing movements with moderate pressure that slow the body and quiet the mind, inviting a state of deep relaxation.

R\$ 248
50 min (*)

Lymphatic Drainage

A delicate, rhythmic technique that stimulates circulation and reduces fluid retention, promoting a lasting feeling of lightness and well-being.

R\$ 248
50 min (*)

Candle Massage

A deeply sensory experience. Warm oils released from a massage candle envelop the body, nourishing the skin while promoting profound relaxation.

R\$ 248
50 min (*)

Foot Reflexology Ritual

Targeted pressure on reflex points to restore energetic balance and release accumulated tension. Enhances circulation and deeply nourishes the feet, essential care for those who sustain their own rhythm.

R\$ 248
50 min (*)



(*) All massage treatments begin with a sensory welcome ritual, including an aromatic foot ritual and our signature herbal infusion, extending your experience by approximately 10 minutes.

Therapeutic Massages

Rituals designed to restore balance to body and mind.

Hot Stone Therapy

Heated stones are gently placed and glided over the body, releasing tension while the warmth helps reduce inflammation associated with muscular and joint discomfort.

R\$ 268

50 min (*)

Myofascial Release

Ideal for active lifestyles.

Releases deep-seated tension, improves mobility, and supports a more efficient and mindful recovery.

R\$ 268

50 min (*)

Therapeutic Massage

A personalized treatment tailored to your needs.

Combining targeted techniques to relieve pain, release tension, and restore muscular balance.

R\$ 268

50 min (*)

Shiatsu

Inspired by traditional Eastern techniques, applying pressure with fingers, palms, and elbows on energy points to restore physical, emotional, and energetic balance.

R\$ 248

50 min (*)



(*) All massage treatments begin with a sensory welcome ritual, including an aromatic foot ritual and our signature herbal infusion, extending your experience by approximately 10 minutes.

Facial Care

Advanced care combining technology and natural actives to restore the skin's vitality and radiance.

Signature Deep Cleansing Facial

A complete and restorative facial ritual.

Includes cleansing, exfoliation, emollience, manual extraction, toning, high-frequency therapy, and a mask.

A deeply relaxing experience designed to restore skin health and natural glow.

R\$ 295

90 min

Customized Facial Mask Treatment

Tailored care for your skin's needs.

Advanced formulas with high absorption power, combined with cleansing, exfoliation, and a customized mask treatment.

R\$ 180

40 min



SPA
DO BOSQUE

Enhance your Experience

Enhance your experience with thoughtfully curated add-ons.

Facial Lymphatic Drainage

Gentle, precise movements stimulate circulation, reduce puffiness, and restore a refreshed, radiant appearance to the skin.

R\$ 160

30 min

Scalp, Face & Neck Massage

Precise, flowing movements across the scalp, face, and neck promote deep relaxation, relieve tension, and reduce stress, bringing a profound sense of well-being.

R\$ 160

30 min

Foot Ritual

A complete renewal ritual for your feet. Includes exfoliation, an aromatic foot bath, massage with oxygenating blends, and deep hydration, leaving the skin revitalized and light.

R\$ 160

30 min

Hydrotherapy Bath Experience

A deeply relaxing immersion experience. A chromotherapy hydrotherapy bath accompanied by a glass of sparkling wine or juice and a selection of nuts, designed to restore body and mind.

R\$ 280

30 min



Gourmet Experiences

Curated moments designed to extend your experience and make it truly memorable.

Signature Gourmet Meal

A curated dining experience featuring meat, fish, vegetarian, or vegan options, accompanied by juice or a glass of sparkling wine.

R\$ 160
per guest

Bosque Breakfast Experience

A warm and delicate breakfast or afternoon tea, thoughtfully prepared with savory baked options, fresh fruits, cakes, juices, and hot beverages.

R\$ 110
per guest

Sweet Moment

A memorable sweet indulgence. Artisanal brownie served with ice cream, accompanied by your choice of juice, coffee, hot chocolate, or sparkling wine.

R\$ 70
per guest

Fresh Fruit Tasting

A light and refreshing selection of fresh fruits, beautifully presented and accompanied by juice or sparkling wine.

R\$ 70
per guest

Celebration Toast

A carefully selected glass of wine or sparkling wine, accompanied by a selection of nuts, perfect for celebrating meaningful moments.

R\$ 50
per guest



Curated Dining Selection



Light Steak Plate:

Grilled beef steak served with brown rice, beans, and sautéed vegetables, a balanced and nourishing option.



Chicken Parmigiana:

Breaded chicken topped with homemade tomato sauce, served with rice and golden fries.



Steak with Balsamic Reduction:

Beef escalope finished with a balsamic reduction, served with rustic potatoes and rice.



Quinoa Risotto (Vegan):

Quinoa risotto prepared with coconut milk and leeks. Light, nourishing, and naturally flavorful.



Sicilian Lemon Salmon:

Grilled salmon with Sicilian lemon sauce, served with rice infused with nuts and sautéed vegetables.



Creamy Cheese Risotto (Vegetarian):

Creamy risotto with three cheeses, cherry tomatoes, and arugula.



Tilapia with Capers:

Tilapia fillet finished with capers and olive oil, served with mashed root vegetables and sautéed greens.



Gluten-Free Zucchini Pizza:

A light and wholesome option with mozzarella, parmesan, zucchini, tomato, and basil, on a gluten-free base enriched with seeds and grains.

Take time to care for yourself

By appointment only, to preserve tranquility, privacy, and exclusivity.

Book via WhatsApp:



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